Raymond Coalition For Youth ~ Meeting Minutes March 14, 2014 ~ 9:00 – 10:30 am In Person at Raymond Baptist Church Basement

Present:17



School	Patrick Arsenault, LEAP Alvin Caldwell, RHS
Town/ Government	Kristen Buckman, Dudley Tucker Library Micheal Labell, Raymond PD Chad Shevlin, Raymond PD Tammy Reardon, Raymond Rec Dept Paul Spera, DEA
Youth Serving	Pamela Turcotte - RCFY Finance Coordinator Celeste Clark - Exec Director, RCFY Pam Baker - RCFY Program Coord
Substance Prevention	Sam Arenson, Seacoast Public Health Network Ashley Stratton, AmeriHealthCaritas NH Melissa Provost, AmeriHealthCaritas NH Gavin Cherry, Ellie Mental Health
Service Organizations Faith Organizations Youth Members	Kathy McCarthy, Raymond Rotary, KWRE David Newton, Raymond Baptist Church Kaylee McGlynn, So NH University

Welcomes, Introductions, Announcements were made.

Celeste mentioned where we stand with the office update. She also mentioned that we would be a recipient of Deerfield Dentistry "Smiles For Life" proceeds.

She then introduced Gavin Cherry of Ellie Mental Health. Their office is located in Salem, NH and they provide services in Individual and Family Therapy, Trauma-Informed Therapy and EMDR.

Their location has 6 therapists who focus on: Play Therapy Play & Art Therapy Ladac TBT-stress, emotional LGBT Mental Health

They will supply group work in the near future. They accept private insurance, medicaid, wellsense and Amerihealth. Telehealth is an option. More information can be found on their website: <u>www.elliementalhealth.com</u>.

There was then a discussion about what the DEA is seeing regarding drug use. If habitual users' last method was a pill they are looking for other means that are faster. Last year the DEA seized 71 million pills produced to look like prescription medicine. The producers are not concerned about outcomes but are always looking for new users. Prevention is now beyond the key.

Doctors are now sending home RX for Narcan along with RX for Opiods.

Xylazine is now being mixed with other substances and it is not receptive to Narcan.

In 2023 Raymond saw 28 calls for overdoses. Narcan has helped in the amount of transferred to hospital versus deaths. In 2023 there was `112K death nationwide from opiods.

Also in 2023 there was a significant increase in exposure to Cannabis from ages 0 to 19 years.

Updates:

- Fundraising Gala is scheduled for March 23, 2024
- Project Safeguard for the 7th grade class is scheduled for May 17, 2024 at Southern NH University.
- YA Film Festival will be held on June 9 at Portsmouth Music Hall.

Thank you for joining us today, being an RCFY advocate, passing along the information learned today, and encouraging others to learn more and get involved.

Next Meetings April 11, 2024, May 9, 2024 **Mission Statement:**

The Raymond Coalition For Youth empowers the community to promote positive youth development and reduce youth substance use and suicide risk.

Promoting Positive Healthy Choices for our Youth!

www.rcfy.org

