## Raymond Coalition For Youth ~ Meeting Minutes March 9, 2023 ~ 9:00 - 10:30 am In Person at Raymond Baptist Church Basement



#### Present:25

**School** Pat Arsenault, LEAP

Abbi Massey, IHGMS

**Health Care** Carli Hughes, Lamprey Health Care

Carrie Chooljian, Lamprey Health Care

Karen Morton-Clark, Recovery Friendly Workplace

**Town/ Government** Kristen Buckman - Dudley Tucker Library

Eliza Zarka - Governor's Office Alissa DelTufo Welch, Selectperson

George Plante, Selectman

Mike Kilrain, Raymond Fire Dept

**Youth Serving** Pamela Turcotte - RCFY Finance Coordinator

Celeste Clark - Exec Director, RCFY Pam Baker - RCFY Program Coord

**Youth** Kaylee McGlynn - Youth Action

**Law Enforcement** Ben Williams, State Liquor Commission

Chad Shevlin, RPD Mike Labell, RPD

**Faith Based** Jeff Trahant, DCYF, BJJS

Service Organizations David Newton, Raymond Baptist Church

Paula Frenette - Raymond Area Rotary

**Community Resource Organ** Ed Wood, Rotary & RCFY BOD

Nadine Lamontagne, Unite us

**Volunteers** Jim Tuttle, Community Member

Warren Gibby, Community Member Lynne Towley, Community Member

Welcomes, Introductions, Announcements were made.

Celeste started the meeting by asking everyone what their favorite meal was and why? She wanted to show the importance of having family meals together.

She then introduced Laurie Warnock from New England Poison Control. Laurie talked about the dangers of marijuana edibles and Xylazine. Xylazine is a FDA approved sedative, pain medication and sedative for animals and not intended for humans. It was not a drug that was routinely tested but they are now seeing a spike in its use by people with drug dependency.

Now only is the drug dangerous for humans but they are now finding it is being cut with Fentanyl which complicates the findings of Fentanyl drug overdoses. Xylazine is a non opioid and does not respond to naloxone. It causes terrific wounds which show up in areas of the body not necessarily at the site of injection.

Ist responder exposure to Xylazine is lower than Fentanyl. Talazine may be a reversal for Xylazine.

#### **Insert info on NY Times article**

Marijuana edibles are causing respiratory arrest and seizures in younger children. An overdose can be from as little as 4 to 5 gummies which are very appealing to children as young as 2-3 yrs of age.

Most state are now repackaging to show portion sizes but it is still too appealing to young children when they look like candy they don't have any idea about portion size. Findings are underreported in NH because it is still illegal.

There is a definite spike in self harm calls where Marijuana is detected.

Some simple facts: Don't store with food, don't use in front of children and model behavior. NH doesn't have THC caps for medicinal use. Finding that CBD has long term negative effects.

Celese then mentioned that RCFY is applying for STOP Act Grant (Sober Truth on Preventing Underage Drinking).

The Coalition would like to put together a Town Hall Meeting on April11 in the Media/Library at the High School and focus on rules of Alcohol but also include other information for parents on current trends in drug use and how to better connect with young adults to have life saving conversations.

There was discussion about the Marijuana Bill in Concord HB 639.

### Updates:

The YRBS survey will be given to High School and Middle School, grades 6-8 this month. There is a concern about increased drinking in the Middle School from the last YRBS data.

Gala is Mar 11, 2023 at the Atkinson Country Club. Tickets, Sponsorships and Auction donations are welcomed.

Thank you for joining us today, being an RCFY advocate, passing along the information learned today, and encouraging others to learn more and get involved.

# Next Meetings April 13, May 11 Mission Statement:

The Raymond Coalition For Youth empowers the community to promote positive youth development and reduce youth substance use and suicide risk.

Promoting Positive Healthy Choices for our Youth!

www.rcfy.org









