

Raymond Coalition For Youth ~ Meeting Minutes
November 9 , 2023 ~ 9:00 – 10:30 am
In Person at Raymond Baptist Church Basement



Present:21

School	Patrick Arsenault , LEAP Anthony Clements, Raymond School Board Heather Follett, LRES May Delaney - Worcester State University
Parent	Kera Clements, PTO
Town/ Government	Kristen Buckman, Dudley Tucker Library Jeff Trahant, DCYF, JPPO
Youth Serving	Pamela Turcotte - RCFY Finance Coordinator Celeste Clark - Exec Director, RCFY Pam Baker - RCFY Program Coord
Substance Prevention	Karen Morton-Clark, Recovery Friendly WP Jackie Wydola, Austin 17 House Jessie Hurlbert, Austin 17 House
Health Professionals	Ashley Stratton, AmeriHealthCaritas NH
Service Organizations	Mary Sateary, Safe Harbour Samantha Aronson, Seacoast PHN Lindsay Gilbert, Connors Climb foundation Rich McCarthy, Keller Williiams
Community/CIVIC	David Newton, Raymond Baptist Church
Faith Organizations	Jim Tuttle
Volunteers	Marcia Garber

Welcomes, Introductions, Announcements were made.

Celeste opened the meeting and asked if anyone had anything to share. Jackie Wydola and Jassie Hurlbert from Autin 17 House gave a review of things happening at Austin 17 House and agreed to come back and present at another meeting.

Celeste then introduced today's speaker, Dr. May Delaney of Worcester State University and RCFY Evaluator. She presented the updated YRBS Data from the Middle and High Schools. Marijuana is back up a little at the Middle School but the High School is seeing a downward trend. One reason may be that Vaping is replacing the MJ cigarettes because MJ can be vaped and is hard to recognize and easy to carry.

Both schools have students stating not only the curiosity factor when using these products but the stress and anxiety levels they are experiencing.

There was a lot of discussion about the additives in vapes and edibles, as well as the level of THC found in these products. It can be as high as 99.9%.

There is a free course offered by UNH Extension Service called Mental Health First Aid and can be accessed at extension.unh.edu.

YouTube has a 10 Year Colorado Study on legalization of Marijuana and the impact in their state.

There was also some discussion on Project Safeguard for this school year and what are some of the topics that would be most relevant.

Pam Baker then updated everyone on some of the things happening with the Youth Action Groups.

- Fundraising Gala is scheduled for March 23, 2024

Thank you for joining us today, being an RCFY advocate, passing along the information learned today, and encouraging others to learn more and get involved.

Next Meetings December 14

Mission Statement:

The Raymond Coalition For Youth empowers the community to promote positive youth development and reduce youth substance use and suicide risk.

Promoting Positive Healthy Choices for our Youth!

www.rcfy.org

