

Raymond Coalition For Youth ~ Meeting Minutes
May 9, 2014 ~ 9:00 – 10:30 am
In Person at Raymond Baptist Church Basement



Present:20

School	Kristen Doherty, RHS Sam Horrigan, RSD Alvin Caldwell, RHS
Town/ Government	Kristen Buckman, Dudley Tucker Library Tammy Reardon, Raymond Rec Dept Jeff Trahant, State of NH DHHS=DCYF-JPPOIV
Youth Serving	Pamela Turcotte - RCFY Finance Coordinator Celeste Clark - Exec Director, RCFY Pam Baker - RCFY Program Coord Amy Michaels, Portsmouth Youth Wellness Ctr Jackie Wydola, Austin 17 House Jessie Hurlbert, Austin 17 House Jocelyn Seager, NH Teen Institute
Substance Prevention	Sam Arenson, Seacoast Public Health Network Ashley Stratton, AmeriHealthCaritas NH Jamie Paolini, The Ridge RTC Erin Cox=Slosberg, DBT For You
Faith Organizations	David Newton, Raymond Baptist Church
Youth Members	Kaylee McGlynn, So NH University
Service Organizations	Pat Calley, Raymond Area Rotary

Welcomes, Introductions, Announcements were made.

Kristen Buckman mention that the library will be starting their Summer Reading Program.

NH Teen Institute mentioned that there were scholarships available.

Celeste then introduced Deborah Bennett, Speech and Language Pathologist who spoke about stuttering. 10% of preschool students go thru stuttering. Stuttering is due to neurological differences in the brain. Kids with other learning difficulties are more apt to stutter. It can cause high levels of negative thoughts which can lead to other issues such as depression, substance use and suicide.

She then mentioned a number of books for kids and adults that focus on stuttering. She then gave the local librarian a number of the books to review with hope to bring some of them to the local library.

There are number of support groups such as National Association of Young People who Stutter, National Stuttering Association and Summer Camp Words Unspoken.

Local Support Group: **Raymond:** Adults – Meetings are held on the 4th Wednesday of each month from 7:00-8:15PM at Sound Mind Mental Health – 61 Route 27 (Suite #10) Raymond, NH 03077. For more information contact Chapter Leader Deborah Bennett at debbieSLP@mac.com / (603) 491-2941.

Celeste then introduced Erin Cox-Sloskey from DBT For You. DBT For You is a mental health start-up who work with young people with suicidality, self-harm or risky behaviors who don't require psychiatric hospitalization and need much more than an hour of individual therapy each week.

It is a telehealth program for individuals between the ages of 9 and 26. Each program is tailored to different age ranges.

More information can be found on their website www.dbtforyou.org. They take all major insurance as well as Healthy Families.

Celeste updated the group on our new location:

66 Main Street, Raymond
Phone 603-895-0600
Mailing address: PO Box 1146

Updates:

- Project Safeguard for the 7th grade class is scheduled for **May 17, 2024** at Southern NH University.
- YA Film Festival will be held on June 9 at Portsmouth Music Hall.
- Marijuana legalization - HB 1633 is now passed to the Senate Floor

Thank you for joining us today, being an RCFY advocate, passing along the information learned today, and encouraging others to learn more and get involved.

Next Meetings June 14, **NO July Meeting**, August 8

Mission Statement:

The Raymond Coalition For Youth empowers the community to promote positive youth development and reduce youth substance use and suicide risk.

Promoting Positive Healthy Choices for our Youth!

www.rcfy.org

