## Raymond Coalition For Youth ~ Meeting Minutes September 14, 2023 ~ 9:00 - 10:30 am In Person at Raymond Baptist Church Basement



## Present:26

**School** Kera Clements, LRES PTO

Patrick Arsenault , LEAP Caroline Connolly, IHGMS Abbi Massey, IHGMS

Jenny Thompson, RHS/UNH

Liz Hart, RHS/UNH

Joseph Saulnier, Raymond School Board

Alvin Caldwell, SAU 33 Kristen Doherty, RHS Sam Horrigan, SAU 33

**Town/ Government** Mike Labell, RPS

Jeff Trahant, DHHS, DCFY, BJJS

Kristen Buckman, Dudley Tucker Library Mike Drago, NH State Representative

David Mara, Governor's Office

**Youth Serving** Pamela Turcotte - RCFY Finance Coordinator

Celeste Clark - Exec Director, RCFY Pam Baker - RCFY Program Coord

**Service Organizations** Karen Morton-Clark, Recovery Friendly Wkplce

Josh Colwell, Sobriety Centers of NH

**Community Organizations** Paula Frenette, Raymond Area Rotary

Ed Wood, Raymond Area Rotary

**Faith Organizations** David Newton, Raymond Baptist Church

Welcomes, Introductions, Announcements were made.

Celeste announced that Portsmouth, NH Coalition received their first DFC Grant. Congratulations on being awarded on their first attempt.

She then introduced our speaker, Josh Colwell from Sobriety Center of NH. Josh is now in recovery after many years of drug and alcohol abuse starting when he was 15 years old. He is now an employee with the Sobriety Center and he talked about the services available through this program. They offer co-occurring levels of care including:

Inpatient Medical Detox
Residential Treatment
Partial Hospitalization
Intensive Outpatient
Medically Assisted Treatment/Recovery

Their Antrim House Facility offers inpatient co-ed programming for those struggling with substance use disorder as well as drug and alcohol detox.

Their Lakes Treatment Center (Laconia NH) provides outpatient PHP and IOP levels of care.

Their treatment center for Veterans and First Responders is Recovery Mountain. More information on this program can be found at <a href="https://www.recoverymountainnh.com">www.recoverymountainnh.com</a>

More information can be found on their website <a href="https://www.sobrietycentersofnh.com">www.sobrietycentersofnh.com</a>

Pam Baker then updated everyone on some of the things happening during Red Ribbon Week, October 13 through 23, 2023.

T-Shirts were designed by the Youth Action groups and will say Be Kind To Your Mind, Live Drug Free. The Elementary School will not have the Live Drug Free statement on them.

On Thursday, Oct 26, 2023 will be Lights on Afterschool with a spaghetti supper for parents and students at Middle School.

Youth Action Groups want to focus on Vaping, Underaged Drinking and Mental Health this year.

- Fall Family Festival/Touch A Truck will be at the Elementary School on October 14 from 10 to 1.
- Prevention Summit is scheduled for October 20, 2023
- Fundraising Gala is scheduled for March 23, 2024
- Fall RX Take Back will be held at Hannafords on Saturday, October 28.
- Homecoming for all the schools will be October 7, 2023.

Thank you for joining us today, being an RCFY advocate, passing along the information learned today, and encouraging others to learn more and get involved.

Next Meetings October 12, November 9 and December 14

Mission Statement:

The Raymond Coalition For Youth empowers the community to promote positive youth development and reduce youth substance use and suicide risk.

Promoting Positive Healthy Choices for our Youth!

www.rcfy.org







