

**Raymond Coalition For Youth ~ Meeting Minutes
September 12, 2024 ~ 9:00 – 10:30 am
In Person at Raymond Baptist Church Basement**



Present: 22 Members

School	Terry Leatherman, Superintendent, RSD Sam Horrigan, Director of Health and Wellness- RSD Alvin Caldwell, RSD Nataly Medrano, RHS Abigael Cosgriff, IHGMS
Youth Serving	Celeste Clark - Exec Director, RCFY Pam Baker - RCFY Program Coord Pat Arsenault- RCFY Chair and Youth Program Jocelyn Seager-NH Teen Institute
Government	Paul Spera- DEA Tim Cahill - State Representative Sue Frotton - Raymond Police Department Ben Williams, NH Liquor Commission Joseph Saulnier, School Board Kristen Buckman-Dudley Tucker Library Michelle Weaver- Raymond Recreation Dept
Substance Prevention	Sam Thamsen, Seacoast Public Health Network Jesse Santosuosso, So NH Service, RCA
Faith Organizations	David Newton, Raymond Baptist Church
Youth Members	Breanne Aichambault
Parent	Kathryn Champion
Service Organizations Volunteer	Kathy McCarthy, Raymond Area Rotary

Welcomes, Introductions, Announcements were made.

Sam Horrigan announced a parent information night "***From Stress to Smartphones, from Freak-Outs to Friendships: What Parents Need to Know (and DO!) about Worry, Anxiety and Depression***" presented by Lynn Lyons at the Middle School on Sep 24, 2024 from 6:30 to 8:00 PM. Sam also announced a presentation by Dr. Meghan McCoy, "What is Bullying" Parent Presentation, October 16, 2024 6:00-7:00 p.m at the Henry W. Moore School, 12 Deerfield Road Candia NH.

David Newton mentioned the program "Intentional Grandparenting" from Sherry Schumann, Larry McCall, and Jere Vincent at the Raymond Baptist Church on November 2, 2024 9:00 a.m to 3:00 p.m. Please call 603-895-2859 for more information

Celeste shared:

- RCFY How we started
- Back to the Data
- Strategically- Where are we going?
- RCFY mission
- Working together
- Strategic Prevention Framework explained
- Data shared (NH Data Portal)
- Meeting attendees share thoughts, ask questions

Group Activity

- Getting to the Why

Looking at top reasons for alcohol, marijuana and vaping

Common themes included- media, trauma, mental health, Stigma, perception of harm

Celeste updated the group future Events:

1. Youth Action Update - Planning for Red Ribbon Week, Prevention Summit, and Fall Family Festival.
2. Annual Prevention Summit is October 25 at the Derryfield Country Club
3. Red Ribbon Week Oct 23-31

There is opportunity for Sponsorships for the Annual Prevention Summit. Visit our website for information.

Thank you for joining us today, being an RCFY advocate, passing along the information learned today, and encouraging others to learn more and get involved.

Next Meetings: **October 10, November 14, December 12**

Mission Statement:

The Raymond Coalition For Youth empowers the community to promote positive youth development and reduce youth substance use and suicide risk.

Promoting Positive Healthy Choices for our Youth!

www.rcfy.org

